

# CYP SUMMER SESSIONS 2025

Completed!

8 Sessions  
50 Young People  
31 Activity Hours

With thanks to our funders:

**Arnold Clark**  
**COMMUNITY FUND**



LOTTERY FUNDED

AWARDS  
FOR ALL  
SCOTLAND

MEB  
CHARITABLE  
TRUST

WALKER-  
SHOOLBRAID  
TRUST



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**Stronger Starts** **TESCO**  
Every little helps





## Session 1 Flip Out

After a coach ride through to Glasgow, we spent an energetic two hours exploring Flip Out trampoline park. As well as endless trampolines, the centre included go-karts, slides, inflatables and even laser tag!

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## Sessions 2 & 3 Cook with CYP

The young people cooked up a storm in both our morning and afternoon sessions. The menu was a two-course meal, with 'fakeaway'-style chicken wraps followed by mini cheesecakes. We discussed the basics of food safety and made use of our professional kitchen as well.



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## Session 4 Edinburgh Trip

We caught the train through to Edinburgh Waverley before making our way to Camera Obscura, where we were blown away by their collection of optical illusions. We then visited the nearby National Museum of Scotland before catching the train back home.



## Sessions 5 & 6 Roll Outdoors

With a lengthy waiting list forcing us to book a second session in order to meet demand, we knew this watersports activity would be popular. In both sessions, our young people got to brave the giant SUP as a group, as well as going solo on their own individual paddleboards.



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## Session 7 Transport Museum

We spent several hours exploring the museum and seeing all of the vehicles from across the decades. We particularly enjoyed stepping back in time and walking down the recreation of a street from Glasgow's past.



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## Session 8 Safari Park

Our final trip was a full day spent at Blair Drummond Safari Park. We enjoyed learning about and getting up close to a whole bunch of animals. We also had a great time on the playparks and rides!



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	Young People	Hours
Flip Out	21	5
Cook with CYP 1	7	2
Cook with CYP 2	8	2
Edinburgh	15	6.25
Roll Outdoors 1	19	2
Roll Outdoors 2	10	2
Transport Museum	14	4.5
Blair Drummond	22	7.5

Table 1: Session Attendances and Durations

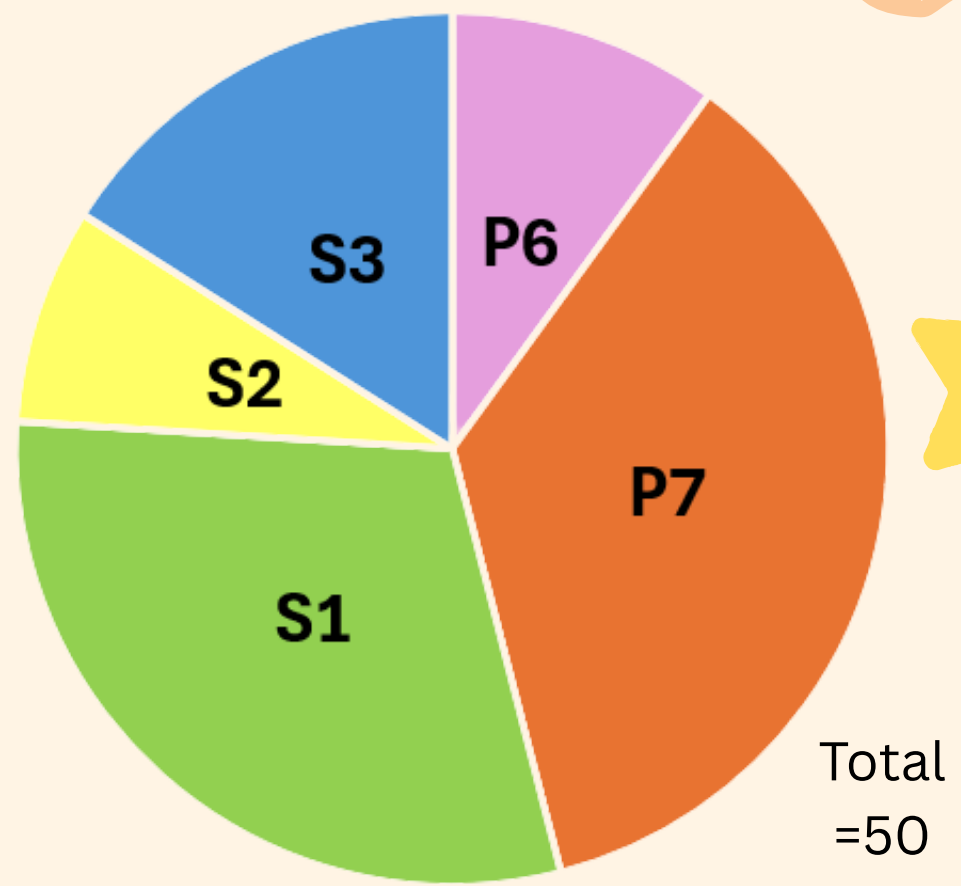


Figure 1: Distribution of Participants by School Year

# Feedback

- Young people's favourite sessions were the Trampoline Park and the Safari Park (100% rated them 4 or 5 stars).
- 85% of parents 'strongly agreed' that sessions had a positive impact on both their child's mental health & confidence.



"...it gives them independence and allows them to socialise with other children in different year groups."  
- Parent (YP Ages: 12 & 14)

"Having ASN means they spend a lot of time at home avoiding socialising, however the youth leaders are so kind and encouraging and they are happy to get involved in many of the activities."  
- Parent (YP Ages: 11 & 13)





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