

CYP SUMMER SESSIONS 2026

Completed!

10 Activities
48 Young People
32 Activity Hours

With thanks to our funders:



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Unfortunately we don't have any photos from this one – however, we kicked off the summer with a picnic in the CYP garden and had a great time, despite the weather! Our young people enjoyed a good spread, alongside a whole bunch of games and activities.

Session 1 Picnic at CYP

Session 2 Flip Out - Trampolining

We headed through to Glasgow on a coach and spent a few hours enjoying everything that Flip Out has to offer. As well as all the different trampolines, the young people got to try laser tag, go karting, inflatables and more!



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Session 3 Mocktails & Music

We were back in the CYP garden, where the young people designed and then made their own mocktails. Afterwards, we enjoyed some games, photography and gymnastics.

Sessions 4 & 5 Cook with CYP

The young people cooked up a storm in both our morning and afternoon sessions. We made homemade flatbreads with assorted fillings, followed by mini cheesecakes.



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Session 6 Circus Skills

We were joined by one of the instructors from Think Circus, Kat, who introduced us to a whole host of different circus skills. The young people enjoyed plate spinning, diabolo, juggling and more – by the end, there were some impressive skills on show!



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Session 7 Crayon Art

Our young people enjoyed an afternoon in the sun whilst getting to experiment with a variety of different art techniques. The favourite was definitely the silhouette cutouts over melted crayon backgrounds, with some very impressive finished canvasses on display.



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Session 8 Alpaca trek

We visited the Alpaca Trekking centre near Thornhill, where we got to accompany the alpacas and llamas on a trek around the farm. After enjoying a packed lunch (with some extra treats from their cafe), we also had the chance to meet their other animals.





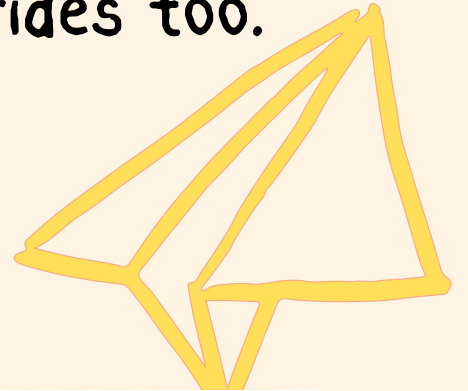
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Session 9 Safari Park

We got the coach through to Blair Drummond, where we started by heading through the drive-thru safari, with the baby monkeys proving a particular highlight! We spent the rest of the day exploring the park, meeting all the animals and enjoying the rides too.



Session 10 CYP Hangout

Our final summer session in the CYP garden, where the young people enjoyed a relaxed couple of hours in the sunshine. They enjoyed a selection of bead crafts, loom bands, drawing and photography.



Session 11 Forest Challenges

For our final session of the summer, we headed up into Coilhallan Woods. We spent several hours exploring and taking part in a bunch of different team challenges – scavenger hunts, den building and much more!





	Young People	Hours
Picnic	10	2
Flip Out	23	5
Mocktails	12	2
Cook with CYP 1	11	2
Cook with CYP 2	8	2
Circus Skills	10	2
Crayon Art	22	2
Alpaca Trek	17	3
Safari Park	23	7
HangOut	8	2
Forest Challenges	22	3

Table 1: Session Attendances and Durations

Feedback

- Our young people voted Flip Out (trampolining) and the Safari Park as their favourite sessions of the summer.
- 100% of parents surveyed felt that participation had positively influenced both their child's confidence and opportunities to socialise.

(Either agreed or strongly agreed)

"All of the animals were cute and I made new friends."
- YP (Age 10)

"Both of my children absolutely loved these sessions. Such a fantastic range of interesting and fun activities."
- Parent (YP Ages: 10 & 13)

"Wish I signed my eldest up sooner it's had such a positive impact on her for socialising and given chance to try different activities. Both my kids loved these sessions and have made new friends. Staff cannot do enough and I'm so grateful for everything CYP do"
- Parent (YP Ages: 10 & 11)

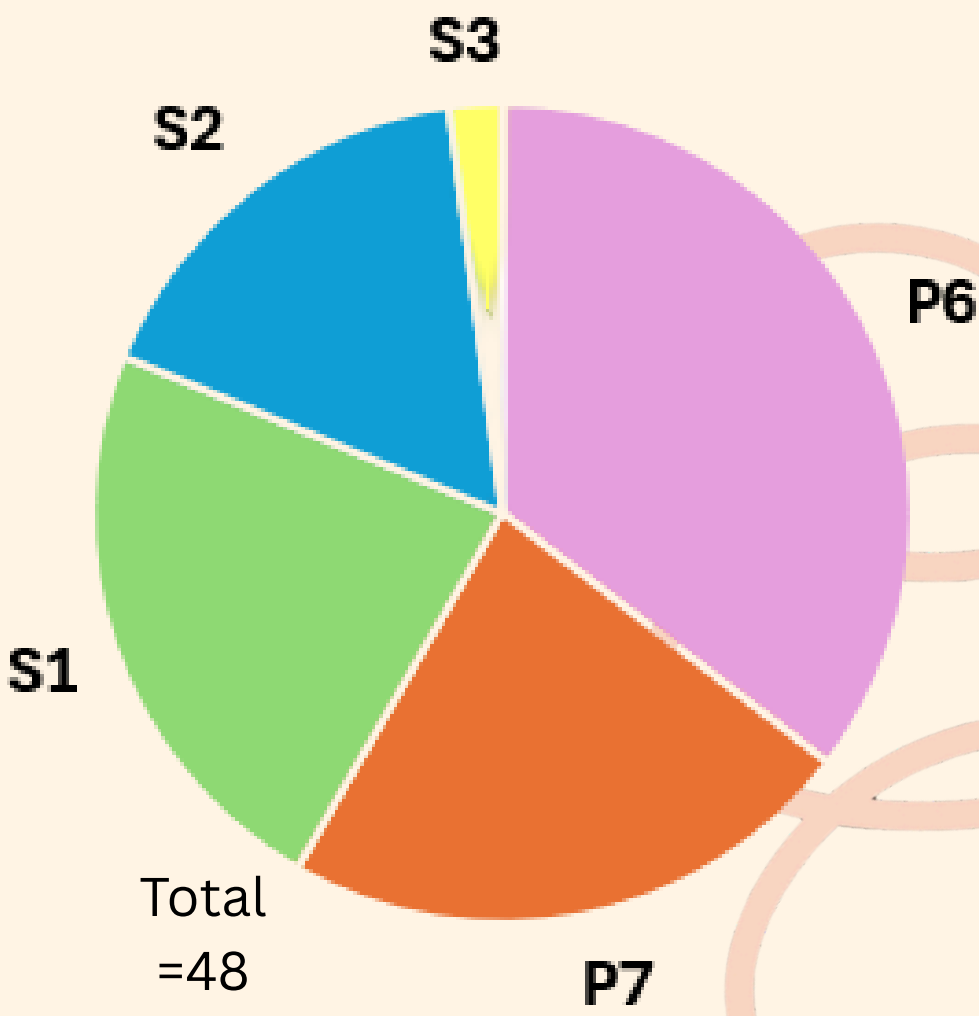


Figure 1: Distribution of Participants by School Year



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