

A NATIONAL PARK FOR EVERYONE

It's the nation's park. To discover, to explore, to enjoy. It's all about finding your own space. And then choosing what you do with it...

There is so much to enjoy in Loch Lomond & The Trossachs National Park – woods and forests, wild flowers and wildlife watching, watersports, climbing or just taking in the view.

There's always something to do. Whether you love adventure or prefer more passive pastimes, you'll find an activity to suit.

For more information on these paths, and other places to visit in the area, please contact:



VisitScotland Information Centre
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Callander FK17 8BD
Tel: 01877 330342
e-mail: callander@visitscotland.com
Web: www.visitscotland.com



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This leaflet was compiled by Callander's Countryside Group and the Callander Community Development Trust. Photographs kindly supplied by Forestry Commission Scotland, Mike Hawkins, Trudy Hughes, John Snodin, Sheila Winstone.

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Callander paths

Welcome to Callander - the paths described in this leaflet are just a taster of the many and varied routes available in the area. For those with an interest in history and the geology of the area there are a number of features highlighted along many of the routes.

We hope this selection will provide something for everyone from the experienced hill walkers to those who want a stroll with family and friends.

Walking offers wide ranging benefits, both physical and mental. For more information on changing lifestyle and improving fitness visit:
www.takelifeon.co.uk



The routes promoted in this leaflet offer a wide range of path types and conditions. Please ensure that you are always taking access responsibly, considering path condition and other route users.
Remember to wear your safety helmet



5. Bracklinn Falls Circuit

Distance: Bracklinn Falls & return 1.3 miles (2.0 km)
Bracklinn Falls & Scout Pool Circuit, 3.3 miles (5.3 km)

Start point: Bracklinn Falls car park, Bracklinn Road.

Terrain: Well-compacted path with some loose materials. moderate

Follow the waymarked route to the gradually sloping downhill section. The roar of the Falls can clearly be heard through the woods. As the path nears the Keltie Water take the hairpin bend and descend slowly to Bracklinn Bridge over the falls.

This 20m bridge with its distinctive A-shaped roof, installed in 2010, boasts the best in Scottish timber and engineering and provides a breathtaking elevated viewpoint up and down the rugged 100m gorge. The wonder of this gorge is that the stones are continually on the move.

Across the bridge turn left to continue the circuit. Climb the steeper section of path to the forest road and follow it through the forest. When it opens out, high above the river, there are good views of Ben Ledi, Stuc a' Chroin and Ben Vorlich, mountains to the north of the Highland Boundary Fault.

The Scout Pool is about 200m below a second bridge over the Keltie Water and can be reached by a very rough path along the edge of the gorge.

Cross the bridge up to the minor road. Turn left and enjoy Callander's countryside for the return back to the Bracklinn car park.



6. The Glacier Trail (including Roman Camp Walk)

Distance: Roman Camp Esker circuit, 2.2 miles (3.5 km)
Roman Camp Esker & Callander Moraine 2.9 miles (4.7 km).

Start point: North Ancaster Square.

Terrain: Surfaced paths, cycleway and uneven paths. Can be muddy. easy

This trail features two glacial deposits that were left about 12,000 years ago at the end of the last ice age. Turn left into Main Street (A84 to Stirling) and go about 600 metres. Turn right at the sign to 'Roman Camp Walk'. The narrow path takes you up a bank overlooking the walled garden of the Roman Camp Hotel. This bank is the Roman Camp Esker, which is a narrow winding ridge deposited by a subglacial stream when the last glacier retreated.

Follow the top of the esker round to the River Teith and turn left through an industrial estate and up Geisher Road. The route crosses Stirling Road and then up the lane beside the Mellis Burn to the cycleway, which was once the Dunblane to Callander railway line.

A: To return to town turn left. Follow the cycleway along Livingstone Avenue and Murdiston Avenue at the end of which is the site of Callander's first station and later goods yard with the old station master's house still on the rocks above. Continue under the bridge on the cycleway and then on the path between the car park and the bowling green. Turn left to cross Glenartney Road and back into Ancaster Square.



B: To visit the Callander Moraine turn right at the cycleway for 450 metres. In Drumdhu Wood find a path to the right that angles off up a slope to a ridge. This ridge (about 150m long) is part of the moraine and on the right side of it is a steep ice contact slope. This is the point where the glacier snout would have reached before it started to retreat. Return to the Mellis Burn and follow the route back to town.

Please pass this leaflet on when you have finished with it!



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1. The Three Bridges

Distance: 4.5 miles (7.2 km)

Start point: North Ancaster Square.

Terrain: Surfaced roads, cycleway and well-compacted forest roads and paths with some loose materials. The waymarked loop to Samson's Stone is not surfaced and is uneven. moderate

Turn left into Main Street, then right into South Church Street where the old metal bridge (1st) crosses the river. Turn left and follow the path to the road below the High School. Turn right and enter Coilhallan Wood between two small sandstone pillars on the other side of the road.



On the route to Coilhallan car park there are excellent views of Ben Ledi and Callander Craggs and good wildlife watching opportunities. Turn left onto the road, then cross the Gartchonzie Bridge (2nd) heading for Dunmore Fort.

Enter the Woodland Trust Scotland ground and use the path below the fort. The fort can be visited by taking the Brig O'Turk path to the left, then a steep uneven path to the right.



The main path goes to the right and soon on the left there is an uneven marker post loop, which goes up to Samson's Stone. The loop rejoins the main path nearer to Kilmahog. Take the cycleway towards Callander and using the new metal bridge (3rd) cross the river again to the car park and back into town.

2. Callander Craggs

Distance: 2.3 miles (3.7 km)

Start point: Callander Craggs car park on Bracklinn Road.

Terrain: The path is a mixture of well-compacted surfaces that can be uneven, with some loose materials. There are steep steps near the top. strenuous

Follow the forest road through the barrier. The path turns right, climbing steeply through conifer woodlands. At the top of the crag steps turn left for the main route or turn right for 200m to visit the Queens' Diamond Jubilee Cairn.

On a good day there are breathtaking panoramic views of the Menteith Hills, Loch Venachar, Ben Ledi and the Highland Boundary Fault to the west and north. Return to follow the main route along the top of the craggs with viewpoints of Callander. The path meets the route through the Lower Woods and this can be used to return to the car park.

3. The Lower Woods

Distance: 1.9 miles (3km)

Start point: Callander Craggs car park on Bracklinn Road.

Terrain: The path surface is a mixture of well compacted surfaces with some loose material, uneven in places. moderate

Take the path immediately to the left of the road into the wood that provides a backdrop to the town and which is a mix of mature mainly deciduous trees, rich in wildlife. The path rises gently, then a little steeper to a viewpoint of the Menteith Hills.

Further on, a short steep downhill section of path leads to the west of Callander. Use the local streets to return to the town centre, where you can enjoy the many shops, cafés and restaurants after your walk. Or return to the Callander Craggs car park by following Ancaster Road and Bracklinn Road.

4. Callander Meadows

Distance: 1.1 miles (1.8 km)

Start point: North Ancaster Square.

Terrain: Surfaced roads and paths easy

Turn right into Main Street and then left at traffic lights into Bridge Street. Just before the bridge follow the path to the right into the Meadows car park and continue beside the River Teith.

This is a very pleasant level riverside route with lots of wildlife and wild flowers. On a clear day there are magnificent views of Ben Ledi in the distance. Across the river just after 'The Meetings' can be seen Little Leny, the burial ground of Clan Buchanan.

Continue on the path back to the car park and return to Ancaster Square.





Key to map

- | | | | |
|---------------------------------------|------------|--------------|--------------|
| Forestry Commission Scotland Woodland | Main Road | Parking | Picnic Place |
| Other Woodland | Minor Road | Information | Bike Hire |
| Built up Area | FC Road | Toilets | Caravan Park |
| National Park Boundary | Paths | Other Routes | |

Routes around Callander

- | | | | |
|--|----------------------------|------------------------------|--|
| | 1. The Three Bridges | 4.5 miles (7.2 km) | |
| | 2. Callander Crag | 2.3 miles (3.7 km) | |
| | 3. The Lower Woods | 1.9 miles (3.0 km) | |
| | 4. Callander Meadows | 1.1 miles (1.8 km) | |
| | 5. Bracklinn Falls Circuit | 1.3/ 3.3 miles (2.0/ 5.3 km) | |
| | 6. The Glacier Trail | 2.2/ 2.9 miles (3.5/ 4.7 km) | |

Enjoy Scotland's outdoors responsibly

Everyone has the right to be on most land and inland water providing they act responsibly. Your access rights and responsibilities are explained fully in the Scottish Outdoor Access Code.

Whether you're in the outdoors or managing the outdoors, the key things are to:

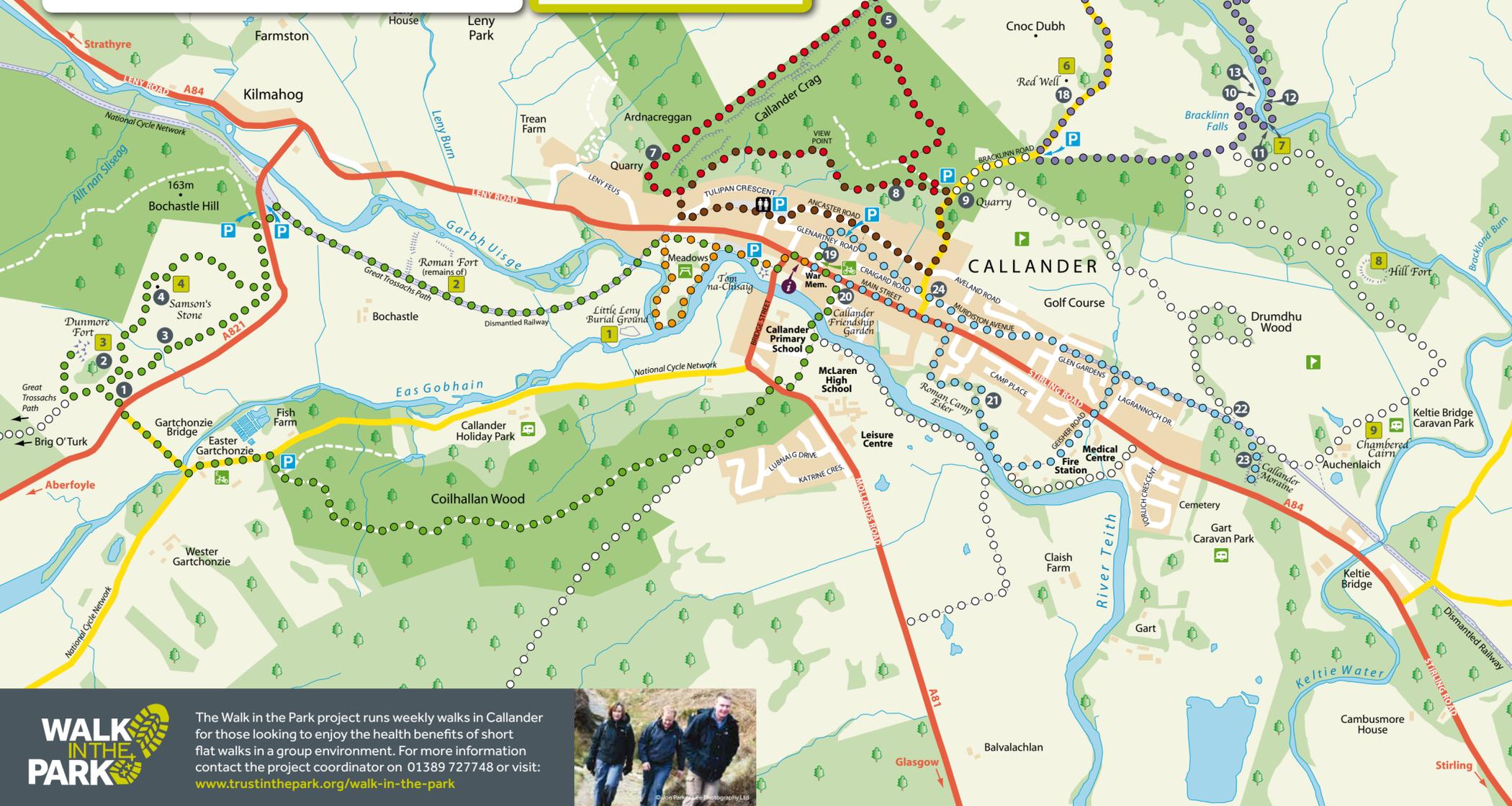
- take responsibility for your own actions
- respect the interests of other people
- care for the environment.

Visit outdooraccess-scotland.com or contact your local Scottish Natural Heritage office.

KNOW THE CODE BEFORE YOU GO
outdooraccess-scotland.com

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This map is for illustrative purpose only. Follow the instructions carefully and always equip yourself with an appropriate map.



The Walk in the Park project runs weekly walks in Callander for those looking to enjoy the health benefits of short flat walks in a group environment. For more information contact the project coordinator on 01389 727748 or visit: www.trustinthepark.org/walk-in-the-park



Callander's Geology

Look out for some interesting geological features on your way round Callander.

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|---|--|---|
| <p>The Three Bridges</p> <ol style="list-style-type: none"> Dunmore Fort puddingstone crag Puddingstone boulder Split erratic of folded Highland metamorphic rock Samson's Stone – erratic of Highland metamorphic rock  <p>Callander Crag</p> <ol style="list-style-type: none"> Puddingstone crag at summit steps The Queens' 'Diamond Jubilee Cairn Bedded flagstone – old quarry 50m down path <p>The Lower Woods</p> <ol style="list-style-type: none"> Erratic of Highland metamorphic rock Puddingstone quarry at start of golf course path | <p>Bracklinn Falls Circuit</p> <ol style="list-style-type: none"> West bank of Keltie Walter above Bracklinn Falls 10a Vertical beds 10b Sandstone and gritstone beds 10c Ripples 10d Calcareous nodules Puddingstone at Bracklinn Falls Worm trail evidence of life millions of years ago Glacial till across river – seen from east bank Bedded red mudstone and sandstone Puddingstone outcrop Puddingstone at Coire Eas na Caillich 16a Below bridge 16b Cave at river level The Scout Pool (Coire Eas na Caillich) 17a Waterfall 17b Rockfall The Red Well – a chalybeate spring <p>The Glacier Trail (including the Roman Camp walk)</p> <ol style="list-style-type: none"> St Kessog's building Callander Kirk Roman Camp Esker – a glacial meltwater product Callander Terminal Moraine – seen from cycle track Callander Terminal Moraine in Drumdu Wood Puddingstone at original Stationmaster's house 24a House above rock 24b Rock below house, similar to local building stone |     |
|---|--|---|

Callander's Heritage

Callander is steeped in history, discover more as you walk around the town, here are a few features to get you started.

- Little Leny is the burial ground of the Buchanans of Leny. A 13th century chapel here was administered by the canons of Inchmahome Priory. The stone of Dugald Buchanan, the Gaelic writer and translator, is in the enclosure.
- The glen blocking Roman Fort near Bochastle was built during the 1st century.
- Dunmore Iron Age Hill Fort is well defended by a steep cliff and a series of ramparts and has a 'dewpond' at the top.
- Samson's 'Putting' Stone is a glacial erratic left by the Ice Age about 12,000 years ago.
- The Queens' 'Diamond Jubilee Cairn' was built in 1897 and stands on the highest point of Callander Crag offering a 360° vista of excellent views. The cairn now commemorates the diamond jubilee of both Queen Victoria and Queen Elizabeth II.
- The Red Well is a Chalybeate Spring which was renowned for its remedial properties.
- At the Bracklinn Falls the bridge built in 2010 offers an excellent viewpoint.
- Auchenlaich Iron Age Hill Fort has a commanding position in Brackland Glen.
- Auchenlaich Chambered Cairn is the longest known Neolithic burial cairn in Scotland at 322m.



If you're interested in Callander's rich history and heritage, you'll also enjoy the heritage trail around the town's historic centre. Pick up the Stories in the Stones leaflet from the VisitScotland Information Centre on Main Street or download it from the National Park's website at www.lochlomond-trossachs.org Or look out for the Callander Heritage Trail panels round the town and numbered bearded men pavement markers that point the way.



To find out more about Callander's geology, pick up the Callander Geodiversity Trail booklet, *Stories in the Landscape*, from the VisitScotland Information Centre in Main Street. Or download it from: www.callandercdt.org.uk or www.lochlomond-trossachs.org



This leaflet was compiled by the Callander Community Development Trust and Callander's Countryside Group. Produced by: Forestry Commission Scotland and Loch Lomond & The Trossachs National Park Authority on their behalf. Bracklinn bridge was funded by the Scottish Government and the European Community Forth Valley & Lomond Leader 2007-2013 programme, Scottish Natural Heritage and the National Park Authority.